

Floorball New Zealand  
1 Earn Place  
Island Bay  
Wellington, New Zealand



**New Zealand Women's U19  
Development Weekend  
Friday 7<sup>th</sup> June – Sunday 9<sup>th</sup> June**

This weekend is for any girls born 2001 to 2005 who are interested in developing their floorball skills. It is not a selection weekend. But a chance for young women to come together, have fun, and learn more about the sport they love.

Date	Time	Plan	Venue	What to bring
Friday 7.6.2019	19.00 – 21.00	Session on small games and court movement	ASB Sports Centre	Floorball gear Drink Bottle
Saturday 8.6.2019	10.00 – 12.00	Yo yo test and passing skills	Tawa Rec Centre	Running shoes Floorball gear Drink bottle lunch
Saturday 8.6.2019	13.30 – 15.30	Fitness Testing White board session	Wellington South Baptist Church	Running gear Floorball gear Drink bottle
Sunday 9.6.2019	10.00 – 12.00	Skills session	ASB Sports Centre	Floorball Gear Drink bottle lunch
Sunday 9.6.2019	13.00 – 15.00	Court movement and games	ASB Sports Centre	Floorball Gear Drink bottle

Please register your interest: [contact@floorball.org.nz](mailto:contact@floorball.org.nz)

Cost: Costs for this weekend are \$30 for the weekend or \$10 per session. All payments to go to Floorball NZ, **38-9018-0178844-000**. Please reference your name and U19 women

For any questions, contact:

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